



On The Border Allergen Information

At On the Border, a top priority is always the health and safety of our guests. As part of this ongoing commitment, we provide the most current allergen menu information available from our food suppliers on the eight most common allergens to help our guests with food allergies to make informed food selections. Below is a link to suggested menu items for Egg, Fish, Dairy, Peanuts, Shellfish, Soy, Tree Nuts, and Wheat/Gluten allergens.

Because this list expires on a MONTHLY basis, please be sure to contact us for an updated version. We hope that you are able to choose a meal to your liking and look forward to serving you soon.

[On the Border Egg Allergen Information](#)

[On the Border Fish Allergen Information](#)

[On the Border Dairy Allergen Information](#)

[On the Border Peanut Allergen Information](#)

[On the Border Shellfish Allergen Information](#)

[On the Border Soy Allergen Information](#)

[On the Border Tree Nut Allergen Information](#)

[On the Border Wheat and Gluten Allergen Information](#)

*Valid only
February 1 - 28, 2010*



Suggested Beverage & Menu Options for EGG Allergies

We have prepared this suggested list of beverage and menu options based on the most current ingredient information from our food suppliers and their stated absence of egg within these items. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. Due to these circumstances, we are unable to guarantee that any menu entrée can be completely free of allergens, including tortilla chips and enchiladas.*

*The corn tortillas for our Enchiladas are dipped in the fryer prior to being stuffed and rolled.

APPETIZERS:

(All Listed W/O Tortilla Chips and Garnish)

Guacamole & Guacamole Live,
Con Queso: Chile, Carne Style, Ultimate Loaded,
Quesadillas: Fajita Chicken or Steak

SOUPS & SALADS:

(All Listed W/O Dressing, Tortilla Strips)

Citrus Chipotle Chicken Salad, House Salad,
Sizzling Fajita Salad: Chicken or Steak

SALAD DRESSINGS:

Fat Free Mango Citrus Vinaigrette,
Smoked Jalapeno Vinaigrette

FRESH GRILL:

Carne Asada, Chicken Salsa Fresca,
Jalapeno BBQ Salmon, Tomatillo Chicken, Queso Chicken

BEVERAGES:

Borderita Grande, Coke, Cuervo Paradise Rita, Diet Coke,
Draft & Bottle Beer, Dr. Pepper, House Margarita, Iced Tea,
Mango Passion Fruit Swirl Margarita, Milagro Agave Rita,
Mojito, Perfect Patron, Red & White Wine, Sangria,
Sangria Swirl Margarita, Shaken Margarita,
Sprite, Strawberry Lemonade

KIDS:

(All Listed W/O Sides)

Kids Cheeseburger/Hamburger, Kids Cheese Quesadilla,
Kids Grilled Chicken Entrée, Kids Grilled Chicken Sandwich,
Kids Soft Beef Taco, Kids House Salad w/o Dressing,
Kids Mixed Vegetables,
Kids Desserts: Chocolate or Strawberry Sundae

BURRITOS & CHIMI'S:

(All Listed W/O Sides & Sauce)

Bean & Cheese Burrito, Beef Burrito

OTB TACO STAND:

(All Listed W/O Sides & Onion Strings)

Brisket,
Street-style (Mini): Chicken or Steak

FAJITA GRILL:

(All Listed W/O Condiments)

Fajitas: Grilled Vegetables w/Portabello Mushrooms,
Mesquite-grilled Chicken, Mesquite-grilled Steak,
Sautéed Shrimp,
Vegetables: Baja, Classic, El Diablo,
Sauces: Chipotle Honey, Habanero Fire, Tequila Lime Chile,
Signature Fajitas: Al Carbon Chicken or Steak

SIDES/EXTRAS:

Black Beans, Black Bean & Corn Salsa, Cilantro Lime Rice,
Corn Tortillas, Flour Tortillas, Guacamole,
House (Baja) Vegetables,
Mexican Rice, Mixed Cheese, Pico,
Refried Beans w/o Blue Corn Chip, Sour Cream

SAUCES:

Chili Con Carne, Jalapeno BBQ, Ranchero, Salsa,
Tomato Salsa Fresca

DESSERTS:

Kahlua Ice Cream Pie, Sizzling Apple Crisp

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Suggested Beverage & Menu Options for FISH Allergies

We have prepared this suggested list of beverage and menu options based on the most current ingredient information from our food suppliers and their stated absence of fish within these items. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. Due to these circumstances, we are unable to guarantee that any menu entrée can be completely free of allergens, including tortilla chips and enchiladas.*

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APPETIZERS:

(All Listed W/O Tortilla Chips and Garnish)

Con Queso: Chile, Carne Style, Ultimate Loaded,
Dip Trio, Guacamole, Guacamole Live,
Quesadillas: Fajita Chicken or Steak

SOUPS & SALADS:

(All Listed W/O Dressing & Tortilla Strips)

Citrus Chipotle Chicken Salad, House Salad,
Sizzling Fajita Salad: Chicken or Steak,
Chicken Tortilla Soup

SALAD DRESSINGS:

Chipotle Honey Mustard, Fat Free Mango Citrus Vinaigrette,
Ranch, Smoked Jalapeno Vinaigrette

FAJITA GRILL:

(All Listed W/O Condiments)

Fajitas: Grilled Vegetable w/Portabello Mushrooms,
Mesquite-grilled Chicken, Mesquite-grilled Steak,
Pork Carnita, Sauteed Shrimp,
Veggies: Baja, Classic, El Diablo,
Sauces: Tequila Lime Chile,
Signature Fajitas: Al Carbon Chicken or Steak,
Monterey Ranch Chicken, Ultimate Fajitas

FRESH GRILL:

Carne Asada, Chicken Salsa Fresca, Tomatillo Chicken,
Queso Chicken

GRILLED ENCHILADAS:

Avocado w/Red Chile Pesto, Pepper Jack Chicken,
Smoky Beef Brisket

BURRITOS & CHIMI'S:

(All Listed W/O Sides & Sauce Unless Otherwise Indicated)

Bean & Cheese Burrito, Beef Burrito, Chicken Burrito,
Three Sauce Burrito w/Sauce: Chicken or Steak

OTB TACO STAND:

(All Listed W/O Sides & Onion Strings)

Brisket, Loaded Carne Asada Steak, Southwest Chicken,
Taco Melt (Soft Taco Only): Beef or Chicken,
Street-style (Mini): Chicken or Steak

SIDES/EXTRAS:

Bacon-wrapped Shrimp Skewer, Black Beans,
Black Bean & Corn Salsa, Cilantro Lime Rice, Corn Tortillas,
Flour Tortillas, Guacamole, House (Baja) Vegetables,
Mexican Rice, Mixed Cheese, Pico,
Refried Beans w/o Blue Corn Chip, Sour Cream

SAUCES:

Chili Con Carne, Jalapeno BBQ, Ranchero, Salsa,
Sour Cream Sauce, Tomato Salsa Fresca

DESSERTS:

Border Brownie Sundae, Kahlua Ice Cream Pie,
Sizzling Apple Crisp

KIDS: (All Listed W/O Sides)

Kids Cheeseburger/Hamburger, Kids Cheese Quesadilla
Kids Grilled Chicken Entrée, Kids Grilled Chicken Sandwich,
Kids Soft Beef or Chicken Taco,
Kids House Salad w/o Dressing, Kids Mixed Vegetables,
Kids Desserts: Chocolate or Strawberry Sundae

BEVERAGES:

Borderita Grande, Coke, Cuervo Paradise Rita, Diet Coke, Draft & Bottle Beer, Dr. Pepper, House Margarita,
Iced Tea, Mango Passion Fruit Swirl Margarita, Milagro Agave Rita, Mojito, Perfect Patron, Red & White Wine,
Sangria, Sangria Swirl Margarita, Shaken Margarita, Sprite, Strawberry Lemonade

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Suggested Beverage & Menu Options for MILK Allergies

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APPETIZERS:

(All Listed **W/O** Tortilla Chips and Garnish)
Guacamole & Guacamole Live

SOUPS & SALADS:

(All Listed **W/O** Dressing, Tortilla Strips)
House Salad **w/o** Cheese,
Sizzling Fajita Salad: Chicken or Steak **w/o** Cheese & Sour Cream,

SALAD DRESSINGS:

Chipotle Honey Mustard, Fat Free Mango Citrus Vinaigrette,
Smoked Jalapeno Vinaigrette

FAJITA GRILL:

(All Listed **With** Corn Tortillas **W/O** Condiments, Rice, & Cheese on Beans)

Fajitas: Grilled Vegetable w/Portabello Mushroom,
Mesquite-grilled Chicken, Mesquite-grilled Steak,
Pork Carnitas,
Veggies: Baja, Classic, El Diablo,
Sauces: Habanero Fire, Tequila Lime Chile

FRESH GRILL:

Carne Asada

SIDES/EXTRAS:

Black Bean & Corn Salsa,
Black Beans **w/o** Cheese, Cilantro Lime Rice,
Corn Tortillas, Guacamole,
House (Baja) Vegetables, Pico,
Refried Beans **w/o** Cheese & Blue Corn Chip

SAUCES:

Salsa, Tomato Salsa Fresca, Ranchero

KIDS:

(All Listed **W/O** Sides)
Kids Grilled Chicken Entrée,
Kids House Salad **w/o** Dressing,
Kids Mixed Vegetables

BEVERAGES:

Borderita Grande, Coke, Cuervo Paradise Rita,
Diet Coke, Draft & Bottle Beer, Dr. Pepper,
House Margarita, Iced Tea,
Mango Passion Fruit Swirl Margarita,
Milagro Agave Rita, Mojito, Perfect Patron,
Red & White Wine, Sangria,
Sangria Swirl Margarita, Shaken Margarita,
Sprite, Strawberry Lemonade

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Suggested Beverage & Menu Options for PEANUT Allergies

We have prepared this suggested list of beverage and menu options based on the most current ingredient information from our food suppliers and their stated absence of peanuts within these items. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. Due to these circumstances, we are unable to guarantee that any menu entrée can be completely free of allergens, including tortilla chips and enchiladas.*

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APPETIZERS: (All Listed W/O Tortilla Chips and Garnish)

Con Queso: Chile, Carne Style, Ultimate Loaded,
Dip Trio, Guacamole & Guacamole Live,
Quesadillas: Fajita Chicken or Steak

SOUPS & SALADS:

(All Listed W/O Dressing, Tortilla Strips)

Citrus Chipolte Chicken Salad, House Salad,
Sizzling Fajita Salad: Chicken or Steak,
Chicken Tortilla Soup

SALAD DRESSINGS:

Chipotle Honey Mustard, Fat Free Mango Citrus Vinaigrette,
Ranch, Smoked Jalapeno Vinaigrette

FAJITA GRILL: (All Listed W/O Condiments)

Fajitas: Grilled Vegetable w/Portabello Mushroom,
Mesquite-grilled Chicken, Mesquite-grilled Steak,
Pork Carnita, Sauteed Shrimp,
Veggies: Baja, Classic, El Diablo,
Sauces: Chipotle Honey, Habanero Fire, Tequila Lime Chile,
Signature Fajitas: Al Carbon Chicken or Steak,
Monterey Ranch Chicken, Ultimate Fajitas

FRESH GRILL:

Carne Asada, Chicken Salsa Fresca,
Jalapeno BBQ Salmon, Tomatillo Chicken, Queso Chicken

GRILLED ENCHILADAS:

Avocado w/Red Chile Pesto, Pepper Jack Chicken,
Smoky Beef Brisket

BURRITOS & CHIMI'S:

(All Listed W/O Sides & Sauce Unless Otherwise Indicated)

Bean & Cheese Burrito, Beef Burrito, Chicken Burrito,
Three Sauce Burrito w/Sauce: Chicken or Steak

OTB TACO STAND:

(All Listed W/O Sides & Onion Strings)

Brisket, Loaded Carne Asada Steak, Grilled Mahi Mahi,
Southwest Chicken, Street-style (Mini): Chicken or Steak,
Taco Melt (Soft Taco Only): Beef or Chicken

SIDES:

Bacon-wrapped Shrimp Skewer, Black Beans,
Black Bean & Corn Salsa, Cilantro Lime Rice,
Corn Tortillas, Flour Tortillas,
Guacamole, House (Baja) Vegetables,
Mexican Rice, Mixed Cheese, Pico,
Refried Beans w/o Blue Corn Chip, Sour Cream

SAUCES:

Chili Con Carne, Jalapeno BBQ, Ranchero, Salsa,
Sour Cream Sauce, Tomato Salsa Fresca

DESSERTS:

Kahlua Ice Cream Pie,
Sizzling Apple Crisp

KIDS: (All Listed W/O Sides)

Kids Cheeseburger/Hamburger, Kids Cheese Quesadilla,
Kids Grilled Chicken Entrée,
Kids Grilled Chicken Sandwich,
Kids Soft Beef or Chicken Taco,
Kids House Salad w/o Dressing, Kids Mixed Vegetables
Kids Desserts: Chocolate or Strawberry Sundae

BEVERAGES:

Borderita Grande, Coke, Cuervo Paradise Rita,
Diet Coke, Draft & Bottle Beer, Dr. Pepper,
House Margarita, Iced Tea,
Mango Passion Fruit Swirl Margarita,
Milagro Agave Rita, Mojito, Perfect Patron,
Red & White Wine, Sangria, Sangria Swirl Margarita,
Shaken Margarita, Sprite, Strawberry Lemonade

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Suggested Beverage & Menu Options for SHELLFISH Allergies

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APPETIZERS: (All Listed W/O Tortilla Chips and Garnish)

Con Queso: Chile, Carne Style, Ultimate Loaded,
Dip Trio, Guacamole & Guacamole Live,
Quesadillas: Fajita Chicken or Steak

SOUPS & SALADS:

(All Listed W/O Dressing, Tortilla Strips)

Citrus Chipotle Chicken Salad, House Salad,
Sizzling Fajita Salad: Chicken or Steak,
Chicken Tortilla Soup

SALAD DRESSINGS:

Chipotle Honey Mustard, Fat Free Mango Citrus Vinaigrette,
Ranch, Smoked Jalapeno Vinaigrette

FAJITA GRILL: (All Listed W/O Condiments)

Fajitas: Grilled Vegetable w/Portabello Mushrooms,
Mesquite-grilled Chicken, Mesquite-grilled Steak,
Pork Carnita,
Veggies: Baja, Classic, El Diablo,
Sauces: Chipotle Honey, Habanero Fire, Tequila Lime Chile,
Signature Fajitas: Al Carbon Chicken or Steak,
Monterey Ranch Chicken,

FRESH GRILL:

Carne Asada, Chicken Salsa Fresca,
Jalapeno BBQ Salmon, Tomatillo Chicken,
Queso Chicken

GRILLED ENCHILADAS:

Avocado w/Red Chile Pesto, Pepper Jack Chicken,
Smoky Beef Brisket

OTB TACO STAND:

(All Listed W/O Sides & Onion Strings)

Brisket, Grilled Mahi Mahi,
Loaded Carne Asada Steak, Southwest Chicken,
Street-style (Mini): Chicken or Steak,
Taco Melt (Soft Taco Only): Beef or Chicken

BURRITOS & CHIMI'S:

(All Listed W/O Sides & Sauce Unless Otherwise Indicated)

Bean & Cheese Burrito, Beef Burrito, Chicken Burrito,
Three Sauce Burrito w/Sauce: Chicken or Steak

SIDES:

Black Beans, Black Bean & Corn Salsa,
Cilantro Lime Rice, Corn Tortillas, Flour Tortillas,
Guacamole, House (Baja) Vegetables,
Mexican Rice, Mixed Cheese, Pico,
Refried Beans w/o Blue Corn Chip, Sour Cream

SAUCES:

Chili con Carne, Jalapeno BBQ, Ranchero, Salsa,
Sour Cream Sauce, Tomato Salsa Fresca

DESSERTS

Border Brownie Sundae, Kahlua Ice Cream Pie,
Sizzling Apple Crisp

KIDS: (All Listed W/O Sides)

Kids Cheeseburger/Hamburger, Kids Cheese Quesadilla,
Kids Grilled Chicken Entrée, Kids Grilled Chicken Sandwich,
Kids Soft Beef or Chicken Taco, Kids Mixed Vegetables,
Kids House Salad w/o Dressing,
Kids Desserts: Chocolate or Strawberry Sundae

BEVERAGES:

Borderita Grande, Coke, Cuervo Paradise Rita, Diet Coke, Draft & Bottle Beer, Dr. Pepper, House Margarita, Iced Tea,
Mango Passion Fruit Swirl Margarita, Milagro Agave Rita, Mojito, Perfect Patron, Red & White Wine, Sangria,
Sangria Swirl Margarita, Shaken Margarita, Sprite, Strawberry Lemonade

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Suggested Beverage & Menu Options for SOY Allergies

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APPETIZERS:

(All Listed W/O Tortilla Chips and Garnish)

Guacamole & Guacamole Live

SOUPS & SALADS:

House Salad Lettuce Mix **ONLY**

SALAD DRESSINGS:

Fat Free Mango Citrus Vinaigrette

SIDES:

Corn Tortillas, Guacamole, Mixed Cheese,
Refried Beans **w/o** Blue Corn Chip, Sour Cream

SAUCES:

Ranchero Sauce, Salsa,
Tomato Salsa Fresca

KIDS:

Kids House Salad **w/o** Dressing,
Kids Desserts: Chocolate or Strawberry Sundae

BEVERAGES:

Coke, Diet Coke, Draft & Bottle Beer, Dr. Pepper,
Iced Tea, Sprite, Red & White Wine,
Strawberry Lemonade

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PRIOR PLACING YOUR ORDER, PLEASE ALWAYS ALERT THE MANAGER TO YOUR FOOD ALLERGY OR SPECIAL DIETARY NEEDS

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Suggested Beverage & Menu Options for TREE NUT Allergies

We have prepared this suggested list of beverage and menu options based on the most current ingredient information from our food suppliers and their stated absence of tree nuts within these items. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. Due to these circumstances, we are unable to guarantee that any menu entrée can be completely free of allergens, including tortilla chips and enchiladas.*

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APPETIZERS: (All Listed W/O Tortilla Chips and Garnish)

Con Queso: Chile, Carne Style, Ultimate Loaded,
Dip Trio, Guacamole & Guacamole Live,
Quesadillas: Fajita Chicken or Steak

SOUPS & SALADS:

(All Listed W/O Dressing, Tortilla Strips)

Citrus Chipotle Chicken Salad, House Salad,
Sizzling Fajita Salad: Chicken or Steak,
Chicken Tortilla Soup

SALAD DRESSINGS:

Chipotle Honey Mustard,
Fat Free Mango Citrus Vinaigrette, Ranch,
Smoked Jalapeno Vinaigrette

FAJITA GRILL:

(All Listed W/O Condiments)

Fajitas: Grilled Vegetable w/Portabello Mushrooms,
Mesquite-grilled Chicken, Mesquite-grilled Steak,
Pork Carnita, Sauteed Shrimp,
Veggies: Baja, Classic, El Diablo,
Sauces: Chipotle Honey, Habanero Fire,
Tequila Lime Chile,
Signature Fajitas: Al Carbon Chicken or Steak,
Monterey Ranch Chicken, Ultimate Fajitas

FRESH GRILL:

Carne Asada, Chicken Salsa Fresca,
Jalapeno BBQ Salmon, Queso Chicken, Tomatillo Chicken

BURRITOS & CHIMI'S:

(All Listed W/O Sides & Sauce Unless Otherwise Indicated)

Bean & Cheese Burrito, Beef Burrito, Chicken Burrito,
Three Sauce Burrito w/Sauce: Chicken or Steak

GRILLED ENCHILADAS:

Avocado w/Red Chile Pesto, Pepper Jack Chicken,
Smoky Beef Brisket

OTB TACO STAND: (All Listed W/O Sides & Onion Strings)

Brisket, Grilled Mahi Mahi,
Loaded Carne Asada Steak, Southwest Chicken,
Street-Style (Mini): Chicken or Steak,
Taco Melt (Soft Taco Only): Beef or Chicken

SIDES:

Bacon Wrapped Shrimp Skewer, Black Beans,
Black Bean & Corn Salsa, Cilantro Lime Rice, Corn Tortillas,
Flour Tortillas, Guacamole, House (Baja) Vegetables,
Mexican Rice, Mixed Cheese, Pico,
Refried Beans w/o Blue Corn Chip, Sour Cream

SAUCES:

Chili Con Carne, Jalapeno BBQ, Ranchero, Salsa,
Sour Cream Sauce, Tomato Salsa Fresca

KIDS: (All Listed W/O Sides)

Kids Cheeseburger/Hamburger, Kids Cheese Quesadilla,
Kids Grilled Chicken Entrée, Kids Grilled Chicken Sandwich,
Kids Soft Beef or Chicken Taco, Kids House Salad w/o Dressing,
Kids Mixed Vegetables,
Kids Desserts: Chocolate or Strawberry Sundae

DESSERTS:

Kahlua Ice Cream Pie

BEVERAGES:

Borderita Grande, Coke, Cuervo Paradise Rita, Diet Coke,
Draft & Bottle Beer, Dr. Pepper, House Margarita, Iced Tea,
Mango Passion Fruit Swirl Margarita, Milagro Agave Rita, Mojito,
Perfect Patron, Red & White Wine, Sangria,
Sangria Swirl Margarita, Shaken Margarita, Sprite,
Strawberry Lemonade

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Suggested Beverage & Menu Options for WHEAT/GLUTEN Allergies

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APPETIZERS:

(All Listed W/O Tortilla Chips and Garnish)

Guacamole & Guacamole Live

SOUPS & SALADS:

(All Listed W/O Dressing, Tortilla Strips)

Citrus Chipotle Chicken Salad, House Salad,

Sizzling Fajita Salad: Chicken or Steak **w/o** Sour Cream and **w/o** Onions

SALAD DRESSINGS:

Chipotle Honey Mustard, Fat Free Mango Citrus Vinaigrette, Smoked Jalapeno Vinaigrette

FAJITA GRILL:

(All Listed W/O Condiments, Onions, Flour Tortillas)

Fajitas: Grilled Vegetable w/Portabello Mushrooms (**Not** Classic Veggies),

Mesquite-grilled Chicken, Mesquite-grilled Steak, Pork Carnita,

Veggies: El Diablo,

Sauces: Chipotle Honey, Tequila Lime Chile

FRESH GRILL:

Chicken Salsa Fresca, Tomatillo Chicken

OTB TACO STAND: (All Listed W/O Sides)

Street-Style (Mini): Chicken or Steak

SIDES:

Black Beans, Black Bean & Corn Salsa, Cilantro Lime Rice, Corn Tortilla,

Guacamole, House Vegetables, Mexican Rice, Mixed Cheese,

Pico, Refried Beans **w/o** Blue Corn Chip

SAUCES:

Salsa, Tomato Salsa Fresca

KIDS:

(All Listed W/O Sides)

Kids Grilled Chicken Entrée, Kids House Salad **w/o** Dressing, Kids Mixed Vegetables,

Kids Dessert: Strawberry Sundae

BEVERAGES:

Borderita Grande, Coke, Cuervo Paradise Rita, Diet Coke, Dr. Pepper, House Margarita, Iced Tea, Mango Passion Fruit Swirl Margarita, Milagro Agave Rita, Mojito, Perfect Patron, Red & White Wine, Sangria, Sangria Swirl Margarita, Shaken Margarita, Sprite, Strawberry Lemonade

At On the Border, a top priority is always the health and safety of our guests. As part of our commitment to you, our allergen menus are based on product information provided by On the Border's approved food manufacturers. Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions, preparation techniques, and/or the season of the year. Certain menu items may vary from restaurant to restaurant and may not be available at all locations. We highly recommend that our guests with food allergies or special dietary needs consult with a restaurant manager prior to placing an order to ensure the posted information is accurate and represents the menu items sold at that particular location. Limited time offers, test products, or regional items have not been included in the menus.